



# PRIMARY CHANGE4LIFE CLUBS CLUB LEAD/DELIVERER WORKSHOP

**Engaging and retaining 'less-active' young people in innovative school sports clubs.**

This training is designed to develop the knowledge and expertise in school staff to enable Change4Life Clubs to be delivered effectively and use the clubs to raise achievement and attainment in their school.

The training will cover:

- Understanding the issues facing children's inactivity
- The principles of Change4Life Sports Clubs
- Positioning the programme with the school improvement plan
- The 5 steps to successful delivery
- Including young leaders and family members (inc. Parents)

## WHO IS THE COURSE FOR?

Teachers/TA's/Lunchtime supervisors – anyone who is going to be involved in leading and delivering a Primary Change4Life / Healthy Active Lifestyle (type) Club!

Any school that is already running a C4L club but hasn't sent a member of staff on the training or has a new member of staff leading the club, or any school that wants to establish a C4L club, should attend this training.

## HOW MUCH DOES THE COURSE COST?

The course cost is **FREE** for each delegate.

## WHEN IS THE COURSE?

Friday 6<sup>th</sup> October 2017, 12:00pm – 3:00pm at Blessed George Napier School, Banbury, OX16 9DG

## HOW DO I BOOK?

Please book via [www.northoxfordshiressp.co.uk/events](http://www.northoxfordshiressp.co.uk/events) by Wednesday 4th October 2017

For more information please contact Carl Hamilton, [ch.nossp@bgn.oxon.sch.uk](mailto:ch.nossp@bgn.oxon.sch.uk)